



10TH ANNUAL NEBRASKA BRAIN INJURY CONFERENCE

MARCH 31 & APRIL 1, 2016

YOUNES CONFERENCE CENTER
416 TALMADGE RD. | KEARNEY, NEBRASKA

SAVE! Early bird registration
postmarked or online by February 20, 2016
Registration deadline: March 25, 2016

PRIMARY SPONSOR



PRESENTED BY:



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7:30 - 9:00 a.m.	Registration/Coffee (No Breakfast Provided)	Exhibit Room 6, 7, 8
9:00 a.m.	<p>Welcome and Housekeeping</p> <p>PLENARY SESSION: Loss of Self Following Brain Injury: Diamond 9 & 10</p> <p>The Task of Building a New Identity - Rolf Gainer, Ph.D., CEO, Neurologic Rehabilitation Institute at Brookhaven Hospital, Tulsa, OK</p> <p><i>Objective: Consider the loss of self as a component of brain injury and identify how a person can rebuild their identity.</i></p>	
10:10 a.m.	BREAK (Snack Provided)	Exhibit Room 6, 7, 8
10:25 a.m.	<p>PLENARY SESSION: Year 2049 - News Brief: Memorial Stadium, Diamond 9 & 10</p> <p>Historic Home of Cornhusker Football, to be Converted to Multi-Use Student Housing - Stephen Bonasera, M.D., Ph.D. Associate Professor, Internal Medicine Division of Geriatric Medicine, UNMC, Omaha</p> <p><i>Objectives: Recognition of chronic traumatic encephalopathy (CTE) as an unappreciated etiology of progressive Central Nervous System and TBI. Current views and clinical picture regarding CTE.</i></p>	
11:25 a.m.	Stretch Break (No Snacks Provided)	
11:35 a.m.	<p>PLENARY SESSION: Person-Centered, Participation-Oriented Diamond 9 & 10</p> <p>Cognitive Rehabilitation - James F. Malec, Ph.D., Professor and Research Director, Indiana University School of Medicine and Rehabilitation Hospital of Indiana</p> <p><i>Objective: Describe basic principles of this approach and discuss the role of standardized measurement in cognitive rehabilitation.</i></p>	
12:35 p.m.	<p>Luncheon & BIA-NE Awards Diamond 4 & 5</p> <p>Peggy Reisher, MSW, BIA of Nebraska, Executive Director, Lincoln</p>	
2:00 p.m.	<p>Breakout Sessions: Choose one</p> <p>Caregivers/BI Survivors</p> <p>1. Part 1: Creative Tools for Transforming Compassion Fatigue No Nursing CEUs Diamond 1</p> <p>Beth Reynolds Lewis, Emergency Systems Specialist, Region 3 Behavioral Health Services, and Kay Glidden, Region 3 Assistant Regional Administrator, and BHECN Training Coordinator, Kearney</p> <p><i>Objective: Determine signs and symptoms of caregiver compassion fatigue, secondary trauma and burnout.</i></p> <p>2. Implementing Cognitive Rehabilitation in Real World Practice Settings Diamond 9</p> <p>James F. Malec, Ph.D. Professor and Research Director, Indiana University School of Medicine and Rehabilitation Hospital of Indiana.</p> <p><i>Objective: Discuss how the Knowledge to Action process could be applied to develop a consistent approach to cognitive rehabilitation in your practice setting and evaluation of success.</i></p> <p>3. BIRSST- Supporting Students with Brain Injuries in the Schools Diamond 10</p> <p>Cindy Brunken, Special Education Supervisor, Certified Brain Injury Specialist, Lincoln Public Schools</p> <p><i>Objective: Access materials and resources for serving students with brain injuries in the schools.</i></p>	
3:00 p.m.	BREAK (Snack Provided)	
3:20 p.m.	<p>Breakout Sessions: Choose one</p> <p>Caregivers/BI Survivors</p> <p>1. Part 2: Creative Tools for Transforming Compassion Fatigue No Nursing CEU Diamond 1</p> <p>Beth Reynolds Lewis and Kay Glidden, Region 3 Behavioral Health Services, Kearney</p> <p><i>Objectives: Describe strategies for prevention of caregiver compassion fatigue and secondary trauma and developing a self-care plan</i></p> <p>2. Communication Following Brain Injury Diamond 9</p> <p>Jeffrey J. Stec, MS CCC/SLP, Pediatric Program Manager, Madonna Rehabilitation Hospital, Lincoln</p> <p><i>Objective: Identify intervention techniques for communication with children following brain injury and understand how the environment influences the understanding of communication.</i></p> <p>3. It's Not Just About the Bike Diamond 10</p> <p>Edward Armstrong, Coordinator of Adaptive Sports and Recreation Program, QLI, Omaha</p> <p><i>Objectives: Understand how sports, recreation and outdoor pursuits can play an important part in rehabilitation, as well as in the success of long-term quality of life for individuals affected by a traumatic brain injury.</i></p>	

Thursday, MARCH 31

4:20 p.m. Stretch Break (No Snacks Provided)

4:30 p.m. **Breakout Sessions: Choose one**

- Caregivers/BI Survivors
1. **Movie - Offset: Seeing Beauty Through a Brain Injury (No CEU credit)** Diamond 1
Brian Nice has had multiple brain injuries, but his positivity, work ethic and passionately supportive caregivers have created an environment where he can take on new challenges.
 2. **Neuroplasticity vs Development in Pediatric Brain Injury** Diamond 9
Jeffrey J. Stec, MS, CCC/SLP, Pediatric Program Manager, Madonna Rehabilitation Hospital
Objectives: Identify the incidence and prevalence of pediatric brain injury and contrast neuroplasticity with the development and impact on the neurological system following trauma.
 3. **Memory Basics** Diamond 10
Judy Harvey Ph.D. CCC/SLP, Assistant Professor of Practice, University of Nebraska Lincoln
Objective: Name two to three memory strategies for memory tasks and identify opportunities for memory strategy application.

5:30 p.m. Conclusion (Turn in Day 1 Contact Hour Evaluations at Registration Desk)

Friday, APRIL 1

7:00 - 8:00 a.m. **Registration/Coffee** (No Breakfast Provided) Exhibit Room 6, 7, 8

8:00 a.m. **Breakout Sessions: Choose one**

- Caregivers/BI Survivors
1. **Gentle Yoga and Mindfulness Meditation For Deep Relaxation No Nursing CEUs** Diamond 1
Trudy Flaherty, RYT, Owner, Just Breathe, Kearney
Objective: Learn a gentle yoga series to help release anxiety and learn mindfulness meditation for brain injuries; learn how to identify high stress situations and breathing and meditation techniques.
 2. **Trauma-Informed Culture of Care** Diamond 9
Jon Kayne, Ph.D., Professor, Clinical Counseling and Psychology, Bellevue University
Objective: Discuss the prevalence of trauma, the impact of that trauma, and how a more trauma-informed approach will enhance work and outcomes; core principles of trauma-informed approach.
 3. **Executive Functions in Brain Injury** Diamond 10
Gail Finsand, MS/CCC SLP, Speech-Language Pathologist, Madonna Therapy Plus, Lincoln
Objectives: Identify executive functions and the impact of impairments on participation in functional daily activities; how general principles of evaluation and treatment of executive functions support provision of care for individuals with traumatic brain injury.

9:00 a.m. Stretch Break (No Snacks Provided)

9:10 a.m. **Breakout Sessions: Choose one**

- Caregivers/BI Survivors
1. **Introduction to The Office of Public Guardian No Nursing CEUs** Diamond 1
Michelle Chaffee, J.D., Director, Office of Public Guardian, Lincoln
Objectives: Discuss Guardianships or Conservatorships for individuals without other options. Provide education, information and support for conservators or guardians of a person with brain injury in Nebraska; options and standards of practice.
- Caregivers/BI Survivors
2. **Connecting Traumatic Brain Injury and Juvenile Justice No Nursing CEUs** Diamond 9
Amy Latshaw, Investigation and Evaluation Specialist, Mark Mason, Reentry Specialist, Office of the Courts, Probation, Lincoln and Keri Bennett, ABI Program Director, Nebraska VR, Kearney
Objectives: Describe reform efforts that have taken place in the Juvenile Justice system and results of Nebraska VR's study on the prevalence of traumatic brain injury (TBI) in youth referred with juvenile justice involvement.
 3. **Health Disparities in Healthcare in Nebraska** Diamond 10
Danna Bacon, Community Health Educator, Nebraska Office of Health Disparities and Health Equity, Lincoln
Objective: Describe key general and health disparities in minority populations and identify the social elements of health.

Friday, April 1 continued

10:10 a.m.	BREAK (Snack Provided) - Room Checkout	Exhibit Area
10:30 a.m.	PLENARY SESSION: "In These Shoes" Janine Stearns-Petracek, LPN, Nurse Administrator, Lincoln <i>Hear Janine's personal story of a life living with a husband with an ABI and a baby daughter with a stroke and her work as a professional providing care to those with brain injury.</i>	Diamond 9 & 10
11:30 a.m.	Stretch Break (No Snack Provided)	
11:35 p.m.	PLENARY SESSION: Post Traumatic Growth and Developing Resilience; Life Skills for Individuals, Organizations and Communities Rick G. Carter, MS, Executive Director, Human Services Federation and U.S. Army Master Resilience Trainer, Lincoln <i>Objectives: Explain the basic definition of trauma, the resilience model, a working definition of resilience and resilient strategies for individuals to employ.</i>	Diamond 9 & 10
12:40 p.m.	Conclusion (Turn in Day 2 Contact Hour Evaluations at Registration Desk)	

The staff at Brain Injury Association of Nebraska and our partners are eager to see you at the 10th annual Brain Injury Conference in Kearney in 2016. We believe we have once again brought together a unique mix of presenters. Register with this form or online at www.biane.org/events/conference.

Exhibits & Sponsorship:

At the Brain Injury Conference you can reach a wide variety of professionals working with brain injury and families living with brain injury and network with industry partners. To view the available opportunities, go to the Sponsorship or Exhibit link at www.biane.org/events/conference.

Contact Diana at diana@biane.org or (402) 677-6248 for more information.

More information available on the conference can be found at:

www.biane.org/events/conference or contact Diana at diana@biane.org or 402-677-6248.

Scholarships are available for a person with a brain injury and/or a family member who cannot afford to attend. Please contact Diana at diana@biane.org or 402-677-6248 for more information. (If you are receiving a scholarship – DO NOT make your own hotel reservation or registration unless instructed.

Lodging is not covered with a registration. Participants must make their own room reservations.

Please see lodging information at biane.org/events/conference. Special room rates are available (until March 18, 2016) if you say you are with the Brain Injury Association.

****Remember the conference center may be cool. Please dress accordingly.**

Keeping it GREEN!

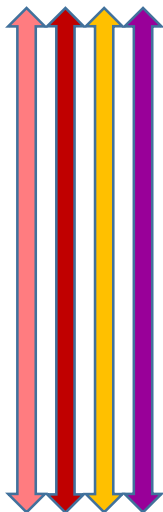
Printed handouts will not be provided at the conference, but will be available online at biane.org/events/conference from March 18 - April 9, 2016.

Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing, Provider #6

7.2 contact hours provided for Thursday, March 31, 2016

4.7 contact hours provided for Friday, April 1, 2016

Contact hours are issued for full day attendance on either or both days. Turn in evaluations to receive a certificate at the end of the sessions each day.



10th Annual Nebraska Brain Injury Conference Registration Form

March 31- April 1, 2016 | Younes Conference Center, Kearney

1. Register online using a credit card at [biane.org /events/conference/conference-registration](http://biane.org/events/conference/conference-registration).
2. Register by mail (PLEASE complete this form for each person attending), make checks payable to Brain Injury Association of Nebraska and mail to:
BIA-NE, 2266 Hickory Circle, Blair, NE 68008.

No refunds for cancellations made seven days or less prior to the event. Refunds prior to March 24, will be decreased by \$65 for administration fees (\$35 for individual with brain injury/caregiver). If you wish to have someone attend in your place, please notify Diana Fisher, 402-677-6248 or diana@biane.org.

I am:	Early bird	Registration
<input type="checkbox"/> General/Professional	<input type="checkbox"/> \$200 before Feb. 20	<input type="checkbox"/> \$225
<input type="checkbox"/> Individual with brain injury or family member	<input type="checkbox"/> \$ 75 before Feb. 20	<input type="checkbox"/> \$ 95

Fees includes lunch Thursday, 3/31 and all breaks

I will attend:

- ☐ Thursday, March 31, 2016 ☐ Friday, April 1, 2016 ➔ **Fee is the same for 1 or 2 day attendance**

Unless at the same address, phone number, etc. copy this page for additional persons being registered

Name _____

Profession and/or Organization (if applicable) _____

Address _____

City/State/Zip _____

Phone _____ Email _____

Dietary and other special accommodations needed (Please describe): _____

Payment must accompany registration (For organization direct bill contact Peggy Reisher at 402-423-2463.)

Need assistance to attend the conference? Individuals with brain injury and their families, unable to attend the conference without support due to limited income, may request assistance. Contact Diana at 402-677-6248 before March 19, 2016. Partial scholarships are available as funding permits to assist with registration or hotel or mileage. **(For scholarships: Do not make your own hotel reservation or send conference registration unless instructed.)**

Conference Location/Lodging: The conference is held at the Younes Conference Center at 416 Talmadge Road, Kearney, NE. It is located directly behind the Holiday Inn at the first intersection north of I-80. ([Map at www.biane.org/events/conference](http://www.biane.org/events/conference).)

Lodging is not covered in the registration fee: Participants (***Except scholarship recipients***) must make their own hotel reservations at the Wingate Inn \$91.95 + tax - 308-237-4400, the new Comfort Inn \$91.95 + tax - 308-236-3400 or Microtel Inn & Suites for \$79.00 + tax – 308-698-3003. All hotels provide hot, full breakfasts for paying guests. These room rates are available until March 19, 2016. **Please mention you are with the Brain Injury Conference when registering.**

Target Audience: Persons with Brain Injury, Caregivers, Nurses, Social Workers, Occupational Therapists, Physical Therapists, Mental Health Practitioners, Speech Language Pathologists, Educators and Vocational Rehabilitation Counselors and other allied healthcare providers.

11.9 Continuing Education Contact Hours will be awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6. Professionals must attend full day to receive CEUs.